



# Rolfing® Association of Canada Association canadienne de Rolfing®

## Application Process – Accelerated Phase 1 (for applicants WITH prior bodywork training)

### 1) Application Fee -

Please send a non-refundable \$100 enrolment fee.

#### Payment options:

- a) E-transfer to [info@rolfingcanada.org](mailto:info@rolfingcanada.org).
- b) Cheque payable to “Rolfing Association of Canada” (see mailing address below).

### 2) Requirements Checklist:

- ✦ A High School diploma or recognized equivalent.
- ✦ Completion of a minimum 250-hour bodywork program. Please submit an official transcript that shows at least 47 hours of Anatomy, 21 hours of Physiology, 45 hours of Massage or other approved touch training, and 15 hours of Therapeutic Relationship.
- ✦ 50 documented hours of post-graduate massage practice experience or comparable clinical experience.
- ✦ Issued ID (copy of driver’s license or passport).
- ✦ A written 1-2 page personal life experience essay.
- ✦ A resume of professional experience.
- ✦ Three professional reference letters (1 page maximum length).
- ✦ Documentation that confirms having received sessions 1-3 of the Rolfing Ten Series by a Certified Rolfer™\*
- ✦ If english is your second language, a language proficiency test may be required.

#### Document Submission Options:

- a) Scan and email copies of documents to [info@rolfingcanada.org](mailto:info@rolfingcanada.org).
- b) Mail hard copies of documents (see mailing address below).

\*You may still submit your application if you have not received sessions 1-3 at this time; this requirement will be due 8 weeks prior to start of a Phase I.

Receiving sessions 4-10 of the Rolfing Ten Series is a requirement due 8 weeks prior to the start of a Phase II.

We highly recommend completing all 10 sessions prior to Phase I.

**Once the application fee and all necessary documentation have been received, you will be notified that your application has been submitted for review. Successful candidates will be contacted for an interview.**